## DEPLAYMENT PASS

The 86 FSS Fun Squadron has partnered with the DTC to provide FREE access to redeployers for the following on base services:

- Woodlawn Golf Course
   9 Holes / Driving Range
- Ramstein Bowling Center 3 games/shoes
- Ramstein Aquatics Center Pool/Swimming Access
- Rod and Gun Club
   Archery / Axe Throwing
- Outdoor Recreation Rock Wall (Shoes / Harness)

Contact your MSM/RT for more details or visit:

https://86fass.com/facility-updates

## PRAYER AND MASSAGE ROOMS

- Massage Room: 3 full body massage chairs for use
- Prayer Room: quiet to decompress and reflect on the spiritual comprehensive Airmen fitness pillar

Located in A2

We hope you enjoy your time with us in Germany and at the DTC.

We want and appreciate your feedback!

Suggestions and feedback can be provided via your post-survey, in the GQ lounge suggestions box, or via email at afdeploment.transitioncenter@us.af.mil

Check us out on Facebook: AF Deployment Transition Center

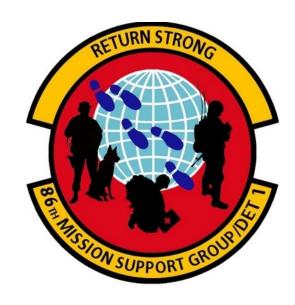
Thank you,

- Lt Col Sterling and the DTC Staff



Burg Nanstein was built around 1162 AD. It's located approximately 15 minutes from the DTC in Landstuhl. This local landmark can be reached by car, or a short hike starting in downtown Landstuhl. You can enjoy a meal and beverage for 10-15 Euros and tour the castle for approximately 8 Euros.

#### AIR FORCE DEPLOYMENT TRANSITION CENTER



# **Recreation Opportunities**

### FITNESS EQUIPMENT

- Cardio room with treadmills, spin bikes, eltipicals, rowing machines, inversion table (located in B2)
- Weight Room with free weights, cable machines, squat racks, bench press (located in the basement in between A and B stairwells)
- Combat boxing room
- Yoga room

#### HIKING TRAILS

Multiple hiking/walking trails on base near the DTC and many more in Landstuhl, Ramstein, and surrounding areas



#### INDOOR GAMES

- Pool Table
- Foosball
- Ping Pong
- Air Hockey
- X-Box
- PlayStation

- Nintendo Switch
- Karaoke
- Arcade Games
- Card Games
- Board Games

Located in the GQ Lounge







#### **OUTDOOR**

- Cornhole
- Horse Shoe Pits
- Hammocks
- Outdoor patio seating area
- Back Patio Fire Pit
- Grills and Smokers (see "Cooking Opportunities Brochure for more info)

# EQUIPMENT THAT CAN BE CHECKED OUT

- Golf clubs
- Bicycles & helmets
- Skateboards

Located in Outdoor rec room

#### ARTS AND CRAFTS

- Paint, oil pastels ect.
- Sketchpads ect

Located in B1

#### **MUSIC ROOM**

- Guitars
- Piano / Keyboard
- Drums

Located in B1



